

Contents

	Acknowledgments	ix
	Introduction	3
Chapter 1	Prelude to Vietnam	10
Chapter 2	Stepping through the Looking Glass	32
Chapter 3	Black and White in Vietnam	69
Chapter 4	Diagnosing and Treating Patients in the Division	89
Chapter 5	The Viet Cong's Perception of Mental Illness	111
Chapter 6	Drugs and Alcohol	118
Chapter 7	Civilian Health Care	129
Chapter 8	High-Risk Individuals and REMFs	139
Chapter 9	High-Stress Periods	165
Chapter 10	The First R&R	173
Chapter 11	Escaping from Stress	183
Chapter 12	Time Grinding On	202
Chapter 13	Madness and Medals	213
Chapter 14	Getting Away to Saigon and the Second R&R	221
Chapter 15	Coping with Vietnam	234
Chapter 16	Short and Leaving Vietnam	251
Chapter 17	And I Say to Myself	258
	Index	276